

PIONEERING ALBERTA'S LEARNING FRONTIER

# Conference Programme



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#### **ACIFA 2016 Conference Schedule Overview**

Activa 2010 Controlled Schedule Overview														
	Sunday - May 15	5 Monday - May 16 Rooms						<b>Tuesday - May 17</b> Rooms					Wednesday May 18	
		Ballroom A	Ballroom B	Tekarra	Pyramid A	Signal		Ballroom A	Ballroom B	Tekarra	Pyramid A	Signal		
		bre	eakfas	st 7:30 -	8:45 a	m		b	reakfas	st 7:30 -	8:30 ar	Υ	delegates	
	Presidents' Council Meeting	8:45 - 9: breako	:45 am		ke	eynote :00 am		ACIF	A annu 8:30	al gene ) - 9:50		eting	depart	
10:00 - 11:00	9:00 am to 2:00 pm	1		3	4	5				20	21	22		
11:15 - 12:15		6	2	7	8	9		18	19	23	24	25		
12:15 - 1:45		lunch 12:15 - 1:45 pm				lunch 12:15 - 1:45 pm				located in the Beauvert Room				
2:00 - 3:00	NAC Meeting: 12:30 pm		11	12		14		26	27	28	29	30		
3:15 - 4:15	PAC Meeting: 3:00 pm	10	15	16	13	17	36 2:00 pm - 5:00	31	32	33	34	35	Session Room Locations: Ballroom A (Main Floor) Ballroom B (Main Floor)	
	Registration Desk Open 4:00 pm to 7:00 pm			ree Tim 5 - 6:30			pm HIKE			ree Tim 5 - 6:30			Tekarra (Lower Floor) Pyramid A (Lower Floor) Signal (Lower Floor)	
7:00 - 10:00	in Main Lobby  Opening Reception 7:00 pm to 10:00 pm in Beauvert Room	in	6:30 ertainn 8:00 n the Be	3anque ) - 8:00 ment ar ) - midn eauver	pm nd Dan ight t Room	n			9:00 in the B	Lake ertainm - midn eauver	ient ight t Room		KEY Session Keynote	
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9:00 to 11:00 pm Spike Room in Golf Club House						Spike	9:00 Room	to 11:00		louse				
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#### ACIFA 2016 Conference - DAY AT A GLANCE

#### Monday - May 16

Rooms

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		brec		KEY			
	8:45 - 9:4	5 am Sessi		Session			
10:00 - 11:00	1		3	4	5		Keynote
11:15 - 12:15	6	2	7	8	9		Activity
12:15 - 1:45		lun	ch 12:15 - 1	1:45 pm			
2:00 - 3:00	10	11	12	10	14 Cancelled	0.4	
3:15 - 4:15	10	15	16	13	17	36 2:00 pm -	
4:15 - 6:30			5:00 pm HIKE				
6:30 - 8:00							
8:00 - 12:00		Entert 8:0 in th					
10:00 - 11:30		hospito Spike R					
	*Regi	stration de					

#### 60-minute sessions: 10:00 am − 11:00 am

- [1] Academic Integrity: The Current Impact for Instructors and Students and Future Professional Implications
- [3] The Locked Classroom
- [4] Using 3D Printing as an Educational Tool Paradigm
- [5] Collective Agreement Negotiations. Second Time Around

#### 60-minute sessions: 11:15 am - 12:15 pm

- [6] Mental Health Concerns-Signs and Symptoms
- [7] Meeting Essential Quality Standards
- [8] In and Beyond the Classroom: Conducting Research at Community Colleges and Institutes
- [9] The Duty to Accommodate in the workplace an overview

② 2-hour session: 10:00 am – 12:15 pm

[2] PhotoVoice

 **60-minute sessions: 2:00 pm − 3:00 pm** 

[11] Fostering Resilience in Post-Secondary Students

[12] Love 101

[14] No Majors? No Problem: Teaching to Nonspecialists -Cancelled

 **60-minute sessions: 3:15 pm − 4:15 pm** 

[15] Pioneers in the Classroom: Accommodating Student Mental Health

[16] Dual Credit Programming in Art and Design

[17] HOPE: Creating a Staff-Led Learning Community

② 2-hour sessions: 2:00 pm - 4:15 pm

[10] Enhancing resiliency: Conversations and strategies for instructor self-care

[13] Working Well: Living and Teaching Mindfully

Activity: 2:00 pm - 5:00 pm
[36] Trails & Tales - HIKE

# The Banquet starts at 6:30 p.m. Entertainment: 8:00 PM to Midnight



## ACIFA 2016 Conference - DAY AT A GLANCE Tuesday - May 17

Rooms

Ballroom A	Ballroom B	Tekarra	Pyramid A	Signal
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	breakfast 7:30 - 8:30 am								
	ACIFA annual general meeting 8:30 - 9:50 am								
10:00 - 11:00	10	10	20	21	22				
11:15 - 12:15	18	19	23	24	25				
12:15 - 1:45	lunch 12:15 - 1:45 pm								
2:00 - 3:00	26	27	28	29	30				
3:15 - 4:15	31 32 33 34 35								
4:15 - 6:30	Free Time 4:15 - 6:30 pm								
6:30 - 8:00	<b>6.3</b> 0 8.4		BQ & Trivio	)	Trefoil				
8:00 - 12:00	6:30 - 8:30 pm Trefoil  Lake  Entertainment: Casino/Games Night 9:00 to midnight in the Beauvert Room								
10:00 - 11:30	hospitality suite/silent auction 9:00 to 11:00 pm Spike Room in Golf Club House								
	*Registration desk & information in Main Lobby								



60-minute sessions: 10:00 am − 11:00 am

[20] RISE with Online Learning at Bow Valley College

[21] From Rags to Riches in Joint Governance of Employee Benefits

[22] Are You in Bed With Your Employer?

60-minute sessions: 11:15 am − 12:15 pm

[23] Reigniting the Spark with an Old Flame

[24] Multiple Choice Item Difficulty and Discrimination (Using Moodle)

[25] From SME to Shining-SME

- ② 2 Hour sessions: 10:00 am 12:00pm
  - [18] Shifting the focus from theory to skills: the administrative professional experience
  - [19] Understanding and Effectively Instructing the Marginalized, Non-Traditional Adult Learner
- 60-minute sessions: 2:00 pm − 3:00 pm
  - [26] An Introvert in an Extrovert's World: overcoming and using the qualities of a introvert to enhance teaching
  - [27] The Art of Storytelling to Engage Post-Secondary Students
  - [28] Going Beyond the Classroom
  - [29] Reflective Teaching Practice
  - [30] Having the Hard Conversations; Confronting Poor Instructional Practices
- **⑥** 60-minute sessions: 3:15 pm − 4:15 pm
  - [31] Using Myers-Briggs Type Indicator to enhance the effectiveness of teams in project-based learning
  - [32] The Prisoners' Bonus
  - [33] Questing: Taking your class to the next level. (SOTL WINNERS)
  - [34] TBD INNOVATION IN TEACHING WINNER
  - [35] Enabling Lifelong Learning through "Engaged Pedagogy"

# BBQ Dinner Begins at 6:30 pm!! Entertainment: 9:00 PM - Midnight





# Overview:



#### **Collective Assemblies**

#### The Beauvert Room

is the location for:

- Keynote Address & breakout session
- Monday Breakfast, Lunch, & Banquet
- Tuesday Breakfast, Lunch, & BBQ if poor weather

## **Registration Desk**

The registration desk will be in operation for the duration of the conference (hours will be posted).



The desk will open @ **4:00 pm** on Sunday, May 15th.

Each conference attendee will receive a conference accessories bag (pick up @ the registration desk).

Throughout the conference, the location of the desk will be in the **Lobby.** 

If you have any questions or need any help, assistance will be on hand to come to your aid.

#### Sessions

Concurrent sessions will take place in:

**Ballroom A, Ballroom B,** the **Tekarra Room, Pyramid A** and the **Signal Room** at the **Jasper Park Lodge**.

All sessions are scheduled for Monday morning and afternoon, and Tuesday morning and afternoon.

Connect with other Conference attendees on twitter by using our official hashtag: #acifa2016



#### **Recreation/Activities**

Scheduled free time will take place on **Monday** and **Tuesday**afternoon (4:15 pm – 6:30 pm) to take time on your own to enjoy the beautiful scenery of Jasper, Alberta. Check with the Activities Desk for any activities that may be available during that time. Stay tuned for more information on planned activities such as: **Golf (extra cost) and a paper airplane contest to name a few!** 

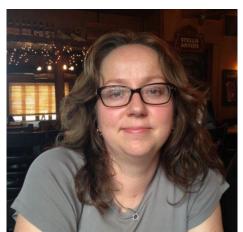
The ACIFA Annual General Meeting Takes place in the Beauvert Room on Tuesday between 8:30 am and 9:50 am.

## **Hospitality Suites**

On both Monday and Tuesday night there will be an opportunity to visit with your colleagues during the **hospitality suites**. Suites start at 9:00 p.m. and are located in the **Spike Room**.

A silent auction for the Alberta Public Post-secondary Education Trust Fund will also be located here, both Monday and Tuesday. Tax deductible cash donations will also be accepted in lieu of purchasing a silent auction item.





Welcome to Pioneering Alberta's Learning Frontier, ACIFA's 2016 Conference. Bow Valley College Faculty Association is proud to be hosting this year's conference. This conference has an abundance of sessions that range from the use of new technology to collective bargaining. I hope this conference provides you with an opportunity to share your knowledge, learn something and to meet people who have the same interests and passions as you. Jasper is a great place to learn, to teach and to recharge. The first ACIFA Conference I attended was in Jasper (maybe 2006). I remember being impressed by the people I met. It was so interesting and valuable for me to meet other instructors from around the province that had the same job that I did. I learned so much from them. I was able to share a few of my own talents. I'm not sure that my co-worker has forgiven me for demonstrating my dazzling canoeing abilities, but that's

another story. The mix of interesting people and the inspiring background makes this a great place

for a conference. Thank you for coming and being part of it.

#### **Nicole Estabrooks**

President, Bow Valley College Faculty Association



What a wonderful theme [Pioneering Alberta's Learning Frontier] for our annual conference on teaching, innovation, scholarship and community. Pioneering recognizes the first to enter into something, opening the way for others who follow. Is that not what seek to do as teachers in Alberta's post-secondary environment? It is my hope that you find that space at this conference where you can be a pioneer, as new frontiers are revealed to you. The organizing committee of Bow Valley College, as well as ACIFA's office staff deserve a great big thank you for all the work in putting together this year's conference and for the many opportunities it presents to each of us.

To all our members, their families, and our guests, I offer a warm welcome. Let me also offer this [partial] blessing.

"May your work never weary you.

May it release within you wellsprings of refreshment, inspiration, and excitement.

May you be present in what you do.

May you never become lost in the bland absences.

May the day never burden."

From Anam Cara, by John O'Donohue

#### **Doug Short**

President, Alberta Colleges and Institutes Faculties Association



VALLEY COLLEGE

#### **Sunday Schedule:**

9:00 am to 3:00 pm **Presidents' Council Meeting**Spike Room

12:30 pm to 7:00 pm **NAC Meeting** Tonguin Room

3:00 pm to 7:00 pm **PAC Meeting** Maligne Room

4:00 pm to 7:00 pm

Registration Desk opens

Conference Reception Desk in
Lobby

7:00 to 10:00 pm

Opening Reception
Beauvert Room

# Monday Schedule (A.M.):

7:30 am to 8:45 am

Breakfast

Beauvert Room

8:45 am to 9:45 am **Keynote**Beauvert Room

10:00 am to 11:00 am **Keynote Breakout Session**Beauvert Room

10:00 am to 12:15 pm **Sessions** Various Breakout Rooms

12:15 pm to 1:45 pm
Lunch w/ Airplane Building &
Flight Contest
Beauvert Room

# Sunday, May 15 Registration Opens at 4:00 pm

Don't forget to pick up your ACIFA Conference 2016 "Swag Bag" complimentary of the Bow Valley College Faculty Association Hosting Committee.



A golf activity (extra cost) will occur at approximately 12:00 pm. Check with the activity desk for more details!

## Monday, May 16

### Keynote Speaker – Brian Keating



For over 20 years, Keating ran the Calgary Zoo's nature-based travel program. Presently, he is the Zoo's honorary conservation advisor to their outreach efforts, and a part-time adjunct assistant professor of anthropology at the University of Calgary.

In the media, Keating has hosted a weekly nature column for the CBC, and has been featured on a bi-weekly wildlife segment on the

Discovery Channel. He is also the director of the documentary Going Wild in Madagascar, which aired worldwide on

Discovery HD-TV, and the author of five children's books celebrating nature.

Keating was named the "Canadian Hero of the Year" award (2006) from Readers Digest Magazine for his global environmental efforts, and holds an Honorary Doctor of Science degree from Brandon University (2009) and an Honorary Doctor of Laws from the University of Calgary (2011).



## Please welcome, Brian Keating!

# **Monday Morning Sessions**

## [1] <u>Academic Integrity: The Current Impact for Instructors and Students and Future Professional Implications</u>

Karla Wolsky, Melanie Hamilton; Lethbridge College, Brooklin Schneider, Dana Wight; NorQuest College, Jane Dieghan, Mary Marier; SAIT. Panel Discussion (60 min.)

Ballroom A/ Monday, May  $16^{th}$ / 10:00 am - 11:00 am

The proliferation of research and anecdotal information related to academic misconduct in postsecondary education clearly indicates there are many issues concerning this topic. Over 75% of students within postsecondary education willingly admit they have participated in some form of academic misconduct. Current literature espouses that despite widespread efforts to teach students to abide by academic integrity policies and guidelines, academic misconduct is nonetheless rampant, and the reasons for students engaging in academic misconduct are as diverse and complex as the institutions' efforts to curtail these incidents. This issue is not program-specific but rather a pandemic that is occurring within postsecondary education, one that is increasingly spilling over into the workplace.

The panel will explore the following:

- Prevention or Prosecution: Arresting Academic Dishonesty in the Classroom
- Promoting Academic Integrity in Postsecondary Classrooms.
- Cheat Today, Cheat Tomorrow: The Impact of Academic Dishonesty on Professionalism in the Workplace

At the end of the presentation, session attendees will be invited to participate in a dialogue about the implications for instructors and students around academic integrity and implications for their role in the workplace. The panel will encourage a robust discussion on how to assist students in developing professionalism and ethics both in and out of the classroom, while spending less time policing academic misconduct and more time on the core energies of teaching and learning.

#### [3] The Locked Classroom

Teela Kowalchuk; SAIT. Demonstration (60 min.)

Tekarra Room/ Monday, May 16th/10:00 am - 11:00 am



Let's face it, some subjects are inherently "more boring" than others. As an instructor, looking onto a bunch of droopy eyes and big yawns is disheartening. Enthusiasm isn't always enough to keep your students riveted.

What can we do to keep our students engaged and interested in subjects they would normally reserve for nap time?

Join me in a ""locked classroom" experience to see how any subject material can be modified to make learning hands-on, relevant, comprehensive, and fun for all ages and group sizes!"

NOTE: This session will have a sign-up sheet for a maximum of 12 people. Sign-up sheet will be located at the registration desk on Sunday May 15th. Sign up will be on a first come, first serve basis.

#### [4] Using 3D Printing as an Educational Tool

Carrie Vos; NAIT. Lecture (60 min.)

Pyramid A/ Monday, May 16th/ 10:00 am - 11:00 am



Are you considering a 3D printer for use in your class? Has your program bought one and now not sure what to do with it? 3D printing is an exciting and disruptive technology that interests students as well as educators. As 3D printers have lowered in cost and are easy to use, 3D printing can be an excellent tool to expose students to design and manufacturing in an efficient manner. Despite the benefits, there are many challenges to introducing this technology to the classroom. This presentation will introduce the audience to the process of 3D printing as well as provide a case study of how the Engineering Design and Drafting Technology at NAIT has used 3D printing technology with their students. The presentation will also discuss some of the projects developed for use in the classroom and provide some lessons learned from using 3D printing in the classroom. Samples of 3D printed student projects will also be provided.

#### [5] Collective Agreement Negotiations. Second Time Around

Serge Gingras; Red Deer College. Lecture (60 min.)

Signal Room/ Monday, May 16th/ 10:00 am - 11:00 am

This session builds on "No Experience Necessary - Negotiations 101" presented at ACIFA 2015 and is for those considering joining their association's negotiations team but feel they don't have the background or experience necessary to be part of this important process. In this session, you will hear how a faculty member with no experience (and didn't think had what it takes to even be there), went very rapidly went from negotiations novice to chair of his association team, experienced the whole negotiations process from face-to-face meetings to arbitration and is now back at it, this time as a consultant.



60-minute Sessions: 11:15 am – 12:15 pm

#### [6] Mental Health Concerns-Signs and Symptoms

David Appell, Margaret Marean; NAIT. Workshop (60 min.)

Ballroom A/ Monday, May 16th/ 11:15 am - 12:15 pm



Come learn the signs and symptoms of common Mental Health problems affecting students today in growing numbers. Learn how these challenges manifest themselves in the classroom and how to manage them and make referrals for counselling support.

#### [7] Meeting Essential Quality Standards

Jennefer Rousseau, Lindsay Bonenfant; Bow Valley College. Lecture (60 min.)

Tekarra Room/ Monday, May 16th/ 11:15 am - 12:15 pm

The goal of this presentation is to provide instructors interested in meeting the eCampus Alberta Essential Quality Standards (EQS) with a summary of the process. This presentation will review the EQS and discuss some of the roadblocks I personally ran into and my solutions. This presentation will also provide the audience with possible templates I created to meet some of the requirements. I hope to eliminate the fear some teachers might have towards the process that will shape/present our future courses. There will be time for questions.

#### [8] In and Beyond the Classroom: Conducting Research at Community Colleges and Institutes

Leigh Dyrda, Cindy Boucher; NorQuest College. Panel Discussion (60 min.)

Pyramid A/ Monday, May 16th/ 11:15 am - 12:15 pm

This presentation by Cindy Boucher and Leigh Dyrda addresses issues stemming from the Government of Alberta mandate that colleges and institutes conduct "applied research and scholarly activity to enhance their instructional mandate." The panel will offer answers to questions such as: how can faculty members engage in meaningful applied research and/or scholarship of teaching and learning? How can faculty members pursue externally funded research? How should Chairs who support faculty in conducting research deal with administrative challenges and advocate for resources? What are overall risks and rewards for institutions that support faculty in pursuing research? Ultimately this panel will prompt discussion about the role of research at colleges and institutes and provide useful strategies for instructors who want to, or need to, integrate research into their professional lives.

#### [9] The Duty to Accommodate in the workplace – an overview

Al Brown; SAIT. Lecture (60 min.)

Signal Room/ Monday, May 16th/ 11:15 am - 12:15 pm

Employers in Canada are required to make every reasonable effort, short of undue hardship, to accommodate an employee who falls under a protected ground of discrimination within human rights legislation. The duty to accommodate is usually thought of in relation to disability, but it relates to all grounds of discrimination including culture, religion, and emerging areas such as addictions and family status.

OK, but who has the right to be reasonably accommodated and when does the duty to accommodate arise? What medical information is required during an accommodation process? What is a Bona Fide Occupational Requirement (BFOR)? What is Undue Hardship? What are the responsibilities of the Employer, the Employee and the Association? What do you need to know about Return to Work Programs?

Because many of the tensions that arise around accommodation result from a lack of information and understanding, the best solutions are achieved when there is commitment by those involved to cooperate with one another and respect each of their corresponding roles and responsibilities. This presentation will provide an overview of what the accommodation process should be, pitfalls to avoid, factors to look for and tips to help you better understand your rights.

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#### [2] PhotoVoice

Yuji Abe, Kerry Louw, Amy Abe; NorQuest College. Workshop (120 min.)



Ballroom B/ Monday, May 16th/ 10:00 am - 12:00 pm

Learn about and experience PhotoVoice! Watch a documentary and observe students who set out to answer, "Where do you find inclusion or exclusion in the college community and how does it impact you?" Review instructor tips for taking great photos, discuss ideas for planning a PhotoVoice project and receive the online links to our PhotoVoice Project Guide, lesson plans and video, in the first hour. Then you'll head out to take photos on a topic through your own lenses - choose your perspective, find your voice, share your point of view and actively listen to others. You'll come away with deep understanding of a new activity and have online resources for an activity that goes beyond the content to the heart of the matter for building empathy and understanding in your classroom or community of learning



# Monday Afternoon Sessions

⊕ 60-minute Sessions: 2:00 pm – 3:00 pm

#### [11] Fostering Resilience in Post-Secondary Students

Candi Raudebaugh, Kristen Gulbransen; Red Deer College. Workshop (60 min.)

Ballroom B/ Monday, May  $16^{th}/2:00 \text{ pm} - 3:00 \text{ pm}$ 

Student resilience impacts the success of students (Beauvais, A.M. et al., 2014, Hartley, M.T., 2011, Maddi, S. R. et al., 2009). The purpose of this study was to examine students' self-ratings of resilience at the beginning and at the end of the academic year (September to April) and to compare this to their participation in interprofessional communities of practice. Students from a variety of health care programs were chosen to participate in the study as interprofessional education has come forth as an important factor in improving health care professionals and their communication skills (Rice, K., Zwarenstein, M., Conn, L., Kenaszchuk, C., Russell, A., & Reeves, S., 2010) and has, as a result, been built into several health care programs at Red Deer College. All first year students from three health care diploma programs (Practical Nursing, Pharmacy Technician, and Occupational/Physical Therapist Assistant) were invited to participate in community of practice sessions to discuss strategies to improve resilience and coping as they transitioned into the college setting and student role. Findings related to the benefits of building resilience through interprofessional communities of practice and interprofessional courses will be shared.

#### acifa 2016: Pioneering Alberta's Learning Frontier

This interactive workshop will include: discussion of the research data, practical strategies to set up a community of practice for undergraduate students and the opportunity to participate and share ideas related to resilience among themselves and their students.

#### [12] Love 101

Heather Abbott; Bow Valley College. Lecture (60 min.)

Tekarra Room/ Monday, May 16th/ 2:00 pm - 3:00 pm



As educators in post-secondaries, we take great pride in assisting students in achieving their potential. We often over-extend ourselves, leaving us feeling drained and empty, with not much to give ourselves and/or our loved ones. Attend this workshop and learn about how to enhance your own self-love and love with others. This workshop is based on the highlights of Barbara Frederickson's positive psychology research on Love, the emotion and the experience. By attending this session you will learn about her expanded notion of love and the implications of this knowledge for your own well-being. You will also learn strategies to enhance this positive emotion and develop practices that you can incorporate into your daily busy life. When we enhance our own mental and emotional health, we are happier and naturally perform our professional roles more competently. Come learn how to love yourself and others a little more. After all, as The Beatles sing..., "All you need is love...."

#### [14] No Majors? No Problem: Teaching to Nonspecialists CANCELLED

Stephen Guy; Grande Prairie Regional College. Lecture (60 min.)

Signal Room/ Monday, May 16th/ 2:00 pm - 3:00 pm

What happens when there is not a single English major in your senior English class? This session will address the unique pedagogical challenges of delivering advanced material to classes where the majority of students are merely interested in your subject rather than committed to it. Drawing on both research and experience, I will describe my experiments in targeting course delivery at non-specialists without compromising the rigorous pursuit of course objectives.

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#### [15] Pioneers in the Classroom: Accommodating Student Mental Health

Nola Vorra, Jenny Olsen; NorQuest College. Workshop (60 min.)

Ballroom B/ Monday, May  $16^{th}/3:15 pm - 4:15 pm$ 



Many students with mental health issues are accessing accommodations and learning supports, which has numerous implications for instructors in the classroom. This session will aim to answer your questions about the types of accommodations that these students are accessing, as well as the role that instructors play in implementing them. We will also provide strategies instructors can utilize to help students with mental health issues and various learning styles to be engaged and included in the classroom. We encourage lots of discussion, so bring all your questions!

#### [16] <u>Dual Credit Programming in Art and Design</u>

Silas Kaufman, Naoko Masuda; ACAD. Workshop (60 min.)

Tekarra Room/ Monday, May 16th/ 3:15 pm - 4:15 pm

As instructors specializing in first- and second-year design studies (and with one instructor also teaching high school art), we were invited to develop the course as a pilot project for September 2015. Upon reviewing the brief, we felt that the core objective of the course would be to teach students design basics, design process, and design thinking in general. In addition, some knowledge of career options in the creative profession, as well as design history were also important in order for students to make informed decisions about their future.

Working with curriculum developers from the CBE, and with assistance from faculty in ACAD's School of Communication Design, we developed a one-term course based on first year design instruction at ACAD. The challenge was to create a course that high school teachers without specialized design knowledge could teach effectively. This presentation will outline the process to date of the development of the course, outcomes, challenges and potential future improvements.

#### [17] HOPE: Creating a Staff-Led Learning Community

Stephen Ashworth, Denise Forwick-Whaley; NAIT. Lecture (60 mins.)

Signal Room/ Monday, May 16th/ 3:15 pm - 4:15 pm



**KEEP** 

SELF-CARE

Inspired by the music video, "Hope", by Jamaica-born singer and musician, Shaggy, the Medical Laboratory Technology staff at NAIT decided to make a video of their own. The main theme of the song is that despite life's hardships, we must soldier on. We must "never give up". Sometimes the simplest messages are the most profound, so they decided that if they got together and challenged themselves "way outside our comfort zone", great things might happen. And indeed they did.

During the session, the first-time filmmakers will screen their short video, and share the lessons they learned about teamwork, respect, authentic listening, and what happens to a staff when you tackle a challenge and see it through together. Sometimes the best way to help our students is to help ourselves.

#### [10] Enhancing resiliency: Conversations and strategies for instructor self-care

to share your experiences and try activities that will have you thinking and feeling out-of-

Jocelyn Crocker. Leanne Floden; NAIT. Workshop (120 min.)

Ballroom A/ Monday, May  $16^{th}/2:00 \text{ pm} - 4:00 \text{ pm}$ 

Are you finding the everyday demands and the emotional toll of teaching are leading towards burnout? This hands-on session will walk you through conversations about your experiences as a teaching professional and provide meaningful self-care strategies you can integrate easily into your busy life. Examples of the strategies we will discuss include planned and deliberate self-care, mindfulnessbased self-compassion, metacognitive reflection, and mental health first aid. Be prepared

the-box.

#### [13] Working Well: Living and Teaching Mindfully

Sherry Greenbank, Nathalie Mercier, Krista Schwabl; NorQuest College. Workshop (120 min.)

Pyramid A/ Monday, May 16th/ 2:00 pm - 4:00 pm

We know what absenteeism is, but what about ""presenteeism?"" "It means that you're there at work, but mentally you're somewhere else. It's easy to hide burnout in education because every day you show up to work, you teach your classes, you advise your students ... you've been doing this for so long that your mind can wander, and you can still do your job."- Chronicle of Higher Education, 2010

Come to this interactive session and engage in conversation about "embracing the present" within the context of mindfulness-based practices. We explore how these self-renewing and contemplative practices, that we find to be so personally beneficial, have the potential to transform and invigorate our professional activities as College and University faculty.

Facilitators will share their own experiences within the exciting movement of integrating these ancient practices in the modern world, including education. We invite participants to experience a sampling of meditative and

mindfulness-based practices and reflect on the place of contemplative practices in post-secondary education. Our hope is to "blur the lines" between personal growth and professional development; suggesting that simple yet innovative self-care tools can also be powerful teaching tools and shape a "mindful future" for ourselves and our students.



#### **⊗ 3-Hour Hike: 2:00 pm - 5:00 pm**

#### [36] Trails & Tales (HIKE)

Laurie Hunt, Caroline Crebas; NAIT, Chris Olsen; Lakeland College. Activity (3 hours.)

Five Lakes/ Monday, May  $16^{th}/2:00 \text{ pm} - 5:00 \text{ pm}$ 

Join your colleagues for a 2 hour hike through Valley of the Five Lakes. Through the use of stories and nature, this session will awaken your curiosity about the natural history and wildlife of Jasper National Park. Learn about the adventures of early explorers of the park, while being awakened by greetings from the chorus of courting songbirds and refreshed by the sight of early spring bloomers. Specifically, the goals of this session are to:

- Provide an inspirational venue for participants to connect with colleagues through wilderness travel
- Provide an opportunity for participant rejuvenation
- Awaken participant curiosity about the lives of early explorers and wildlife of Jasper National Park, through the use of stories and nature.

This hike will be led by Caroline Crebas (NAIT), Laurie Hunt (NAIT) and Chris Olsen (Lakeland College) who have



all spent considerable time hiking and teaching in the foothills and mountain parks. Bring a small day pack, comfortable walking shoes, water bottle, snacks, sunscreen, and a sun hat. Participants will be asked to meet at the front doors of the lobby at the JPL@ 1:45pm to coordinate car-pooling to the trail head, which is approximately 25 minutes from the park lodge. This hike is suitable for all levels of hikers, and we will hike rain, snow or shine!



#### Schedule (P.M.):

2:00 pm to 5:00 pm **Five Lakes Hike** Meet in Lobby @ 1:45 pm

> 4:15 pm to 6:30 pm Free Time

6:30 pm to 8:00 pm **Banquet**Beauvert Room

8:00 pm to 12:00 am

Entertainment & Dance
Beauvert Room

9:00 pm to 11:00 pm Hospitality Suite and Silent Auction Spike Room

## Monday, May 16

Evening Entertainment Rowdy Pianos

Two dueling pianos bring some rowdy rock & roll, sing-alongs, silly gags and audience participation to whip the crowd into a party frenzy. Top players spar off and have a wild time getting the whole room singing, dancing and laughing along. Just request a song and watch what happens. Special people

celebrating a birthday or anniversary come to the pianos for some special attention. Playing a huge diversity of song material from classic faves to the current craze.





## **Banquet**

**Dinner Banquet** 6:30 pm – 8:00 pm

#### **Beauvert Room**

Includes the Presentation of: ACIFA 2015 & 2016 Awards







#### **HOSPITALITY SUITE**

& Silent Auction

9:00 pm - 11:00 pm

#### Spike Room

\*\*Hosted by Bow Valley College Faculty Association\*\*

Tax deductible cash donations may also be made in lieu of purchasing a silent auction item



## Tuesday, May 17

## Schedule (A.M.):

7:30 am to 8:30 am

Breakfast

Beauvert Room

8:30 am to 9:50 am

Annual General Meeting

Beauvert Room

10:00 am to 12:15 pm **Sessions** 

12:15 pm to 1:45 pm
Lunch/Discussion Tables
Beauvert Room

8:30 am – 9:50 am ACIFA Annual General Meeting

Located in **Beauvert Room** 

Or **8:30 am – 9:50 am**Free Time





# **Tuesday Morning Sessions**

⊗ 60-minute Sessions: 10:00 am – 11:00 am

#### [20] RISE with Online Learning at Bow Valley College

Cynthia Bandet, Lauren Kirychuk; Bow Valley College. Demonstration (60 min.)

Tekarra Room/Tuesday, May 17th/ 10:00 am - 11:00 am

At BVC we offer a self-paced, non-facilitated online course in D2L to introduce students to some of the main tools of D2L, online and learner success strategies, as well as academic honesty. We will present the course framework, why we developed this course and how we implement it.



#### [21] From Rags to Riches in Joint Governance of Employee Benefits

Aimee Skye; Grant MacEwan University. Lecture (60 min.)

Pyramid A/ Tuesday, May 17th/ 10:00 am - 11:00 am

Benefits at MacEwan have long been a source of aggravation and dissatisfaction for employees, though we are now poised to significantly drive this trend in the opposite direction. For the first time in a long time, there is excitement and energy in conversations about benefits at the university. The talk will describe why employees weren't satisfied and the illusory structure that existed in the past for employee representatives to understand and influence the benefits package. It will describe how and why that structure has improved, becoming a much more effective vehicle for information

exchange and decision making, where we are headed, and the many lessons learned along the way.

#### [22] Are You in Bed With Your Employer?

Terry Sway; ACIFA, Jasmine French; Grant MacEwan University. Panel Discussion (60 min.)

Signal Room/Tuesday, May 17th/ 10:00 am - 11:00 am

This session will examine the advantages and disadvantages of participation by faculty association members in governance, joint committees, and other institute wide activities outside of the instructional, service and research domain.

There will be a short presentation followed by interaction with the attendees. Those attending the session will be expected to share experiences at their institute where joint participation has benefitted the faculty association and examples of where it has negatively affected the association.





# Take a break in between sessions and enjoy a Coffee sponsored by eTutor Alberta!



# eTutorAlberta Flexible. Friendly. Free.

eTutor Alberta is a free online tutoring service for both online and on-campus students at thirteen participating colleges and universities across Alberta.

Current tutoring support is provided for writing and mathematics using three convenient and easy-to-use tools – eWriting Lab, eQuestions, and eChat.

Learn more at www.eTutorAlberta.ca

In your conference swag bags keep an eye out for pens compliments of eCampus Alberta as well as information regarding eTutor Alberta and additionally, information on a new initiative involving faculty across the province.

60-minute Sessions: 11:15 am - 12:15 pm

#### [23] Reigniting the Spark with an Old Flame

Marjorie Contenti, Augusto Legaspi; Bow Valley College. Workshop (60 min.)

Tekarra Room/Tuesday, May 17th/11:15 am – 12:15 pm

A first step in rekindling excitement in teaching is to reawaken excitement in learning. If we have lost some enthusiasm for learning, if we are less curious about our discipline, is it affecting our learners? Let us renew the joy of learning so we can revitalize the joy of teaching.

Join us in this interactive session as we explore the benefits of rekindling the spark of curiosity for learning through the following topics:

- Rekindle the excitement of learning as a first step to rekindling excitement in teaching
- Explore the benefits of remaining curious, current and connected to your discipline, to teaching as a profession, and to why you love to teach
- Reflect on your mindset on teaching and learning by identifying your present level of excitement in the classroom
- Identify an area of development you are excited to learn about
- Renew your connection to why you teach



#### [24] Multiple Choice Item Difficulty and Discrimination (Using Moodle)

Joan Wall; NorQuest College. Workshop (60 min.)

Pyramid A/ Tuesday, May 17th/ 11:15 am - 12:15 pm

□ A. □ B. ☑ C.

Faculty are using more online assessments and the care and attention to test construction is paramount. This presentation focusses on multiple choice questions: their construction, validity, difficulty and discrimination. Faculty using learning management systems (Moodle) may use the statistical features of these platforms to distinguish which multiple choice questions should be revised or deleted. This is taking a past practice of calculating a test item difficulty and discrimination to an innovative practice of analyzing test questions through Moodle statistics. Participants will have an opportunity to test their multiple choice construction skills and see a hands-on demonstration of accessing statistical data in a Moodle course.



#### [25] From SME to Shining-SME

Ian Cowley, Jen Marran, Alan MacLean; SAIT. Lecture (60 min.)

Signal Room/Tuesday, May 17th/11:15 am - 12:15 pm



In 2015, Faculty Development Services at SAIT Polytechnic implemented a new and improved Teaching Excellence Foundations (TEF) program. Newly hired instructors at SAIT are primarily Subject Matter Experts direct from industry, rarely with any formal teaching experience. TEF supports, mentors, and coaches these colleagues throughout their first year of teaching, providing them with the tools to succeed in our applied education setting. Our approach is to guide them in their journey from SMEs, to SMEs-as-practicing-practitioners of research-based instructional best practices.

This session offers insights into the successes, challenges, and preliminary formative results emerging from the implementation of this new program.



🟵 2-hour Sessions: 10:00 am – 12:00 pm

#### [18] Shifting the focus from theory to skills: the administrative professional experience

Myra Kandemiri; NorQuest College. Workshop (120 min.)

Ballroom A/ Tuesday, May 17th/ 10:00 am - 12:00 pm

As college instructors, we are all familiar with the rigors of teaching several courses that involve ploughing through chapter after chapter of course content, hoping that students internalize it for retrieval, on demand, in the workplace. Feedback from students and student placement providers has led us to conclude that this assumption may not be true for information pertaining to hands-on procedures.

This session, which is targeted at business administration curriculum developers and instructors, will be based on my experience of teaching business office procedures to student administrative assistants. I will share my journey from theory to practice-based teaching of key skills. Demonstrations will be shown of authentic tasks that simulate the business office environment, which is the majority of our students' destination of employment. This session will give you ideas on creating practical sessions within the college classroom context using existing equipment and infrastructure.

Take advantage of this platform to share your experiences, and brainstorm solutions to the limitations presented by the college teaching context.

#### [19] Understanding and Effectively Instructing the Marginalized, Non-Traditional Adult Learner

Janelle Therien; NorQuest College. Lecture (120 min.)

Ballroom B/ Tuesday, May 17th/ 10:00 am - 12:00 pm

The numbers of mature learners in post-secondary and college environments are on the rise, and set to continue rising. But these students differ from traditional students in age, life experience, learning styles, enrollment status, and definitions of success. Add to the mix, elements of marginalization and you have marginalized nontraditional adult learners. Traditional educational theories and methodologies tend to ignore factors such as these, to the detriment of these learners. In addition, traditional education tends to consider technology and media to be an "extra" to literacy. In reality, media literacy is becoming a core literacy, to be taught in tandem with traditional literacies. For these students to be successful, a responsive, relevant, holistic education is necessary. How can we, as educators, be sure we are a) aware of the needs and b) meeting the needs of this growing demographic?



## **Tuesday Lunch**

w/ discussion tables 12:15 pm - 1:45 pm

## **Beauvert Room**



# **Tuesday Afternoon Sessions**

🍪 60-minute Sessions: 2:00 pm – 3:00 pm

#### [26] An Introvert in an Extrovert's World: overcoming and using the qualities of a introvert to enhance teaching

Dara MacKay; Bow Valley College. Workshop (60 min.)

Ballroom A/ Tuesday, May 17th/ 2:00 pm - 3:00 pm



Introverts are constantly overcoming personal barriers in a profession that demands us to be in the spotlight and to continually give our energy to others. By learning about the qualities of an introvert, and about the experiences of those in our shoes, this workshop will help us come up with strategies to recharge our teaching, and our lives outside the classroom. This interactive workshop will help you get in touch with yourself and learn from the experiences of others to help arm yourself and get back into the chaotic, busy world that is education.

#### [27] The Art of Storytelling to Engage Post-Secondary Students

Sherryl Melnyk; SAIT. Workshop (60 min.)

Ballroom B/ Tuesday, May 17th/ 2:00 pm - 3:00 pm

The art of storytelling can be traced back to our earliest ancestors. Stories form a foundational component of our identity both individually and collectively as a society. It is through storytelling that we come to know our humanity as a people and as a culture making it a powerful act of engagement. Storytelling is an interactive, exciting, and vibrant form of expression with the ability to engross and motivate students. This workshop highlights the opportunity for the use of story as means of deepening students' engagement, understanding, and retention of course

material. We will explore the elements of story that instructors can use to draw students into course content across every discipline from the fine arts to the sciences. We will also consider the ways and means of encouraging students to share their own stories in the classroom, which creates the opportunity for learners to involve one another in course content. This interactive workshop considers the use of story as a point of collaboration between instructors and students that invites student engagement with course material.

#### [28] Going Beyond the Classroom

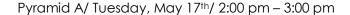
Andrea Ferron, Fiona Lucchini, Celia Logan; Bow Valley College. Workshop (60 min.)

Tekarra Room/Tuesday, May 17th/ 2:00 pm - 3:00 pm

The English for Academic Purposes program at Bow Valley College recognized the need to incorporate community in learning beyond the classroom, thus creating authentic learning experiences. To address this we developed an assignment over several years with the objective of encouraging independence and ownership of students' learning. Join us to find out what we did and what we learned along the way.

#### [29] Reflective Teaching Practice

Nicole Estabrooks; Bow Valley College. Workshop (60 min.)





Are you like me? Do you sometimes spend more time thinking about a lesson you have just taught than you did preparing it? You might already be a reflective instructor. This session will have a short presentation and discussion about what a reflective teaching practice is, what it looks like, and how it's done. We will work together, share information and discuss the benefits of reflective teaching in the adult educational world.

#### [30] Having the Hard Conversations; Confronting Poor Instructional Practices

Jeff Kuntz; NorQuest College. Lecture (60 min.)

Signal Room/Tuesday, May 17th/ 2:00 pm - 3:00 pm

The most challenging task for many instructional teacher leaders (department leads, learning specialists, instructional coaches) is in confronting colleagues about ineffective practices. It is a daunting charge, and requires a delicate mix of commitment, tact, and authenticity. In my research on instructional teacher leadership I asked ten different educators to explain how they dealt with this responsibility and to relate examples of



successful and less than optimal interactions. The stories and insights these instructional teacher leaders shared revealed much about the nature of change leadership and the most effective strategies for maintaining healthy, respectful, and productive relationships. My presentation will focus on how these educators prepared for and conducted "hard conversations" with their colleagues as they championed school improvement in Alberta. The data and findings come from chapter nine (Responding and Persevering) of my case study research: Exploring the Experience of AlSI Instructional Teacher Leaders.



60-minute Sessions: 3:15 pm – 4:15 pm

#### [31] Using Myers-Briggs Type Indicator to enhance the effectiveness of teams in project-based learning

Kim Kennedy, Sarah Duncan; Olds College, Lecture (60 min.)

Ballroom A/Tuesday, May 17th/ 3:15 pm - 4:15 pm

Project-based learning pedagogy promotes the development and use of 21st Century Skills, two of which are collaboration and team work. Project-based learning (PBL) and Myers-Briggs Type Indicator (MBTI) may seem like incompatible learning tools, but for PBL to work successfully the teams must be self-and other-aware. Students may use MBTI information as a tool to enable awareness of their own types and those of their classmates to work more effectively as teams. Olds College is building on the traditional, structured ways of teaching and is supporting students in the transition to a more autonomous method of learning. Olds College is replacing traditional teaching methods, such as lectures, by testing new pedagogies such as PBL.

The pilot project for PBL will ensure a smoother transition of this active teaching method for our future business management program. Bringing together the understanding of self and others, through MBTI, Olds College's PBL pedagogy is taking shape to provide students with 21st Century learning skills as they embrace their professional futures.

This presentation will examine the current PBL model as used at Olds College and pair it with MBTI data from the current group of students in the business management program. How do students see themselves and their teammates as they experience past, present, and future learning methods?

Kim Kennedy C.Mrg, MBA, CPA, CGA, is the faculty spearheading the adoption of PBL at Olds College.

Sarah Duncan, M.Ed.; M.Ad. Ed.; Communications Instructor, is a certified Step I and Step II MBTI Trainer.



#### [32] The Prisoners' Bonus

Yoni Porat; SAIT. Activity (60 min.)

Ballroom B/Tuesday, May 17th/3:15 pm - 4:15 pm

This session will explore the Prisoner's Dilemma, a situation in which a person has to make the best choice possible while relying on partners with whom they cannot communicate. The audience will participate in an

exercise which, when conducted in the classroom, has led to insightful comments from students as well as a bit of shouting. The question the Dilemma forces participants to confront is: do we all have a rational reason to cooperate with others and abandon our short-term preferences?



#### [33] Questing: Taking your class to the next level. (SOTL Award Winners)

Cheryl Pollard, Lisa McKendrick-Calder, Catherine Bowman, Tanya Heuver; Grant MacEwan University. Activity (60 min.)

Tekarra Room/Tuesday, May 17th/3:15 pm - 4:15 pm

As educators, we are in search of ways to better assist students in their journey as they learn how to apply theoretical knowledge to practice-based situations. Quest-based learning is a unique methodology that extends student learning and engagement with course material beyond the classroom allowing them to solve problems and develop their critical thinking abilities. Students complete the quests in preparation for class which increases their accountability and engagement with the content. This session will highlight current evidence-based practices for quest-based learning. Ways to create a learning community with student-centered activities and active engagement will be explored. Strategies for developing and facilitating quest-based learning will be discussed. Session participants will have the opportunity to participate in quest-based learning activities and engage with an on-line learning platform.

#### [35] Enabling Lifelong Learning through "Engaged Pedagogy"

Navneet Kumar; Medicine Hat College. Lecture (60 min.)

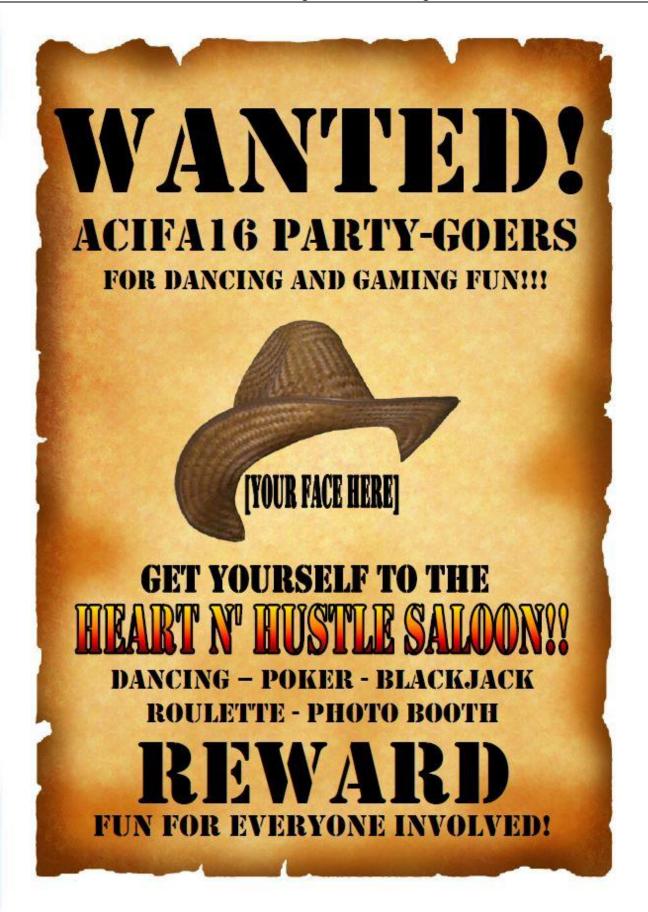
Signal Room/Tuesday, May 17th/3:15 pm - 4:15 pm

In my session, I would like to draw theoretically from bell hooks' "Teaching to Transgress" and from concrete examples out of my classroom teaching to illustrate the idea that teaching beyond the formal content has implications for lifelong learning for students. I will argue that taking students beyond the strict confines of the course syllabi has positive implications and makes of students curious learners who do not see their academic pursuit in any way distinct from the world they inhabit. I make these connections in my classroom, by constantly invoking issues of race, class, religion, and gender and have my students think about these issues outside of a textbook.

Additionally, I will argue that notions of excitement and passion in teaching, often underrated signifiers, can have and probably do have more import and significance than we are willing to accord them.

Overall, I will emphasize that specifically though not exclusively in courses in literature and General Education, instructors have the opportunity to go beyond the content and emulate for the students and by centrally invoking bell hooks' idea of 'engaged pedagogy,'" I will argue that teaching does have the potential to transform lives and build curiosity and lifelong learning abilities.





#### Schedule (P.M.):

4:15 pm to 6:30 pm Free Time

6:30 pm to 8:30 pm

BBQ Dinner

Trefoil Lake (if weather permits – shuttles to be provided) or Beauvert Room

Trivia Contest

8:30 pm to 12:00 am

Entertainment
Beauvert Room

9:00 pm to 11:00 pm Hospitality Suite & Silent Auction Spike Room



# Tuesday, May 17

# Evening Entertainment Wild West Saloon

The Bow Valley College Faculty Association Hosting Committee will be hosting a Wild West Saloon for our closing night of the



ACIFA Conference 2016. Come on down to take part in gambling and non-gambling card playing, western dancing, and a photo booth to capture some of the best moments of your stay at the conference. Fun is guaranteed at this blast from the

past western styled party! Dress up in your favorite cowboy, cowgirl, or western wear, or however you feel fits into this Heart n' Hustle Saloon.

We hope to see you there – or be square.





## **HOSPITALITY SUITE**



**& Silent Auction** 9:00 pm – 11:00 pm

Spike Room

\*\* Hosted by Olds College Faculty Association \*\*

Tax deductible cash donations may also be made in lieu of purchasing a silent auction item

Don't miss out on the final evening of our **Silent Auction!** 

Thank you to ACIFA member faculty associations & other contributors for their donations to:

The Silent Auction for the Alberta Public Post-secondary Education Trust Fund

In operation since 1995, the Trust Fund provides funding to provincial award programs and a range of PD activities. Thank you for coming to the Conference. See you next year: **ACIFA 2017 "Cultivating Connections"** will be in Canmore, AB hosted by the **Olds College Faculty Association!** 

